

Rebud Health Care District
South Shore
LCOE-Healthy Start
Youth and Family Services



Semi-Annual Service and Activities Report
for the
2023-2024 school year.

Redbud Health Care District

Investing in our Children for great returns:

Annual Budget: \$95,000

Redbud Health Care District awarded Healthy Start \$95,000 to provide Healthy Start services for the following schools in the “South Shore” Konocti and Middletown School Districts area.

Youth Served at:

East Lake School	Minnie Cannon Elementary School
Lower Lake Elementary School	Middletown Middle School
Highlands Campus	Cobb Mountain School
Burns Valley Elementary School	Coyote Valley Elementary
Lower Lake High School	Blue Heron
Carle High School	Middletown High School
Loconoma Community Day	Lake County International Charter School
Clearlake Creativity School	KEC <i>including Richard Lewis IS</i>
LCOE Early Connections at <i>BVES, ELES, Pomo, LLES and Middletown</i>	
<i>Outreach to Yuba Child Development, Pearl and Meadowbrook Headstarts and The Learning House</i>	

Program Goals:

Healthy students are able to concentrate on school work and attend school regularly, increasing their chances for academic success. Our primary goal for South Shore Healthy Start has been to keep students healthy by sustaining our successful, collaborative program, which started at Pomo Healthy Start in 1996, and to use that program as a model to expand health care service delivery to all schools incorporated into the Redbud Health Care District in Clearlake, Middletown, Cobb, Hidden Valley, Clearlake Oaks and Lower Lake.

Our partnership with Redbud Health Care District has enabled us to sustain our program of comprehensive health care delivery systems, both prevention, early intervention as well as treatment for students and their families throughout the Konocti Unified and Middletown Unified School Districts.

Activities Quarters 1 and 2 of the 2023-24

The 2023-24 school year once again started off strong. Staff kicked off the year with staff development in the areas of case management, strength based protective factors, resource and closed loop referral process, data collection, wrap around services and Motivational Interviewing with an emphasis on Chronic Absenteeism

Staff participated in various community events such as Back to School nights at their respective school sites doing Oral Health and Tobacco Prevention outreach, Scotts Valley Big Time, Kicks for Kids, Heroes for Health and Safety, Recovery Happens, Red Ribbon Week, Trunk or Treat, Dia de Independencia, Dia de Muertos Event, Totes for Teens, and the Clearlake Rotary Christmas.

During Red Ribbon week staff participated at Red Ribbon Activities and Pledges at all of the Elementary Schools. Obsidian Middle School's entire student body received a presentation regarding the dangers of smoking and vaping and cannabis use. Two classes were brought in to the CEC for a 15 minute presentation and question and answer period. Many questions and statements were brought up that helped generate a connection between Obsidian Middle School administration and Lake County Prevention Services for more in depth substance use education.

Many linkages to community resources for families in the area of financial support either housing or utility assistance. Two Healthy Start Collaborative meetings shined light on new community resources available to families.

Dental Screenings were scheduled and performed in both districts including respective Early Connections Preschool programs. 387 total students have been screened.

Services Provided:

- **Case management for all families in need of support.**
- **Home visitation**
- **Academic Support**
- **Social Emotional Learning/Mentoring**
- **Chronic Absenteeism**
- **Dental Case Management and transportation (Adventist Health Center and Wellness Center at LLHS)**
- **Sedation dentistry appointments and transportation to PDI**
- **Lice eradication education and supplies**
- **Health care enrollment and re-certification assistance –**
- **Basic needs for families; *Linkages and or Transportation to Food Pantries, school supplies, hygiene supplies, clothing, shoes, community resources for rental and utility assistance***
- **TUPE-Tobacco Use Prevention and Education**

- **Differential Response Services**
- **Family WRAP**

(See attached graphs for service type and document for service description)

Summary Narrative

Something that the team did new this year was work more intentionally with the KUSD School nurse and Student Services. On the first day of school, the Healthy Start south shore team met with the Student Services team at 1pm when every site staff received a list of students that did not show up for school on the first day of school. This practice was once used many years ago that proved to be very efficient to cut down on the number of “lost students”. Staff called every family and those that did not answer received a home visit that day and the next day. Some families had not realized school had started, some families had not completed their registration and some had needs such as immunizations, birth certificates or physicals. Staff mobilized and helped families bridge that gap so that children could go to school immediately with a few days of absence, as opposed to weeks or months. We are so grateful to have the collaborative relationship with the staff at Adventist Health to get kids seen quickly. Those needing vaccines unavailable at the Wellness Clinic were transported to Lake County Public Health.

The KUSD lead Nurse came to our first staff meeting of the year to request more collaboration from the team with hearing and vision screening failures as her reporting to the state has not been as positive as she has wanted due to the nursing staff to the number of student health needs ratio. Staff has been busy making eye appointments for students that should have had follow up for glasses last year or before. They have kept Dr. Agoda and Dr. Elizares very busy. Both Student Services and The Nursing staff have shown much appreciation for the support with both of these important student needs.

Additional services provided by the various grants operated by Healthy Start:

CHILDREN'S ORAL HEALTH PROJECT *(First 5 Lake County) and (Lake County Health Services)*

MCKINNEY VENTO HOMELESS STUDENTS EDUCATION ACT (Calif. Dept. of Ed)

- Assist to identify children that are homeless or in transitional housing.
- Provide support services to homeless children and families, so children can attend school, ready to learn.
- Assist unaccompanied youth with shelter and community service referrals
- Link homeless students to HEALTH CARE and basic needs

According to a CalPads certification there are **XXX** students identified as homeless in Lake County in the 23-24 school year.

Currently we have **234** students identified as homeless in KUSD and **XX** students in Middletown. Healthy Start staff has provided service to **168** of these students.

FOSTER YOUTH SERVICES (Calif. Dept. of Education) and Lake County Department of Social Services

- Serving foster youth in Konocti and Middletown USD schools, K-12, with special outreach and support for students at Lower Lake and Middletown High Schools. Foster youth are served countywide and have regular monthly contacts with staff. Outings to places such as the movie theater or skating allow foster youth children to network with other children in placement
- Implementation of AB490, with CWS, to ensure that children will stay in their school of origin, even when they are removed from their home.
- Assist LCOE and school districts in creating new LCAP goals for foster youth and advising District Superintendent's regarding their obligation to support foster kids.

DIFFERENTIAL RESPONSE PROGRAM – FAMILY PRO (LC Department of Social Services)

36 referrals from Child Welfare have been received this year so far., 25 of those referrals have been for families in the Redbud Health Care District.

DIFFERENTIAL RESPONSE PROGRAM – Probation FAMILY PRO (LC Department of Juvenile Probation) Youth at high risk for formal juvenile probation or detention

3 referrals from Juvenile Probation so far this year, 2 have been for families in the Redbud Health Care District.

Prop 64- Family WRAP (BSCC Board of State and Community Corrections-) County of Lake Youth on formal juvenile probation with high risk of detention, or stepping down from detention

12 referrals from Juvenile Probation so far this year, 5 have been for families in the Redbud Health Care District.

CBCAP- Community Based Child Abuse Prevention- Is funding from Children’s plate through the Department of Social Services. These monies support the work that is done with the community around child abuse prevention and awareness. This amount fluctuates but tends to vary by a few hundred dollars each year.

TUPE TIER I, Cohort R/TUPE TA- CDE Prop 56/Prop 99

TUPE funds provide technical assistance and support to the county school districts around the lake to promote tobacco free campuses,
Current Healthy Start Staff in the “South Shore”

School Site	Staff	FTE RHCD	Position/Duties
East Lake Elementary	Debbie Ogulin	.4	Family Advocate Homevisitation, medical and dental case management, health referrals, Family PRO, parent support. Trained NF facilitator
East Lake Elementary	Cheryl Graves	.2	Admin Assistant <i>Support for families and staff for all Program activities</i> Trained NF facilitator
Pomo Elementary	Ileta Garcia	.5	Family Advocate <i>Bilingual home visitation, medical and dental case mgmnt health referrals and parent support</i>
Burns Valley Elementary	Tanya Biassotti	.5	Family Advocate <i>home visitation, medical and dental case mgmnt</i>

			<i>health referrals and parent support Trained NF facilitator</i>
Konocti Education Center Middletown Unified	Jessica Howells	.3	<i>Family Advocate home visitation, medical and dental case mgmnt health referrals and parent support Foster Youth Specialist</i>
Lower Lake High School Carle Blue Heron Highlands Richard Lewis	Jataun Hieb	.4	<i>Family Advocate home visitation, medical and dental case mgmnt health referrals and parent support</i>
Lower Lake Elementary	Mitzi Grimley	.3	<i>Family Advocate home visitation, medical and dental case mgmnt health referrals and parent support McVento Youth Specialist Trained NF Facilitator</i>
Middletown Unified	Lisa Hart	.35	<i>Site Supervisor/FY Coordinator home visitation, medical and dental case mgmnt health referrals and parent support Trained NF Facilitator</i>

Middletown Unified	Connie Chicoine	No RHCD funding	Job skills coach Family WRAP EXTRA SUPPORT
KUSD and MUSD	Ana Santana	No RHCD funding	Program Director Extra Support Bilingual Support



Obsidian Middle School students viewing the Anti Tobacco, Vape and Cannabis Models



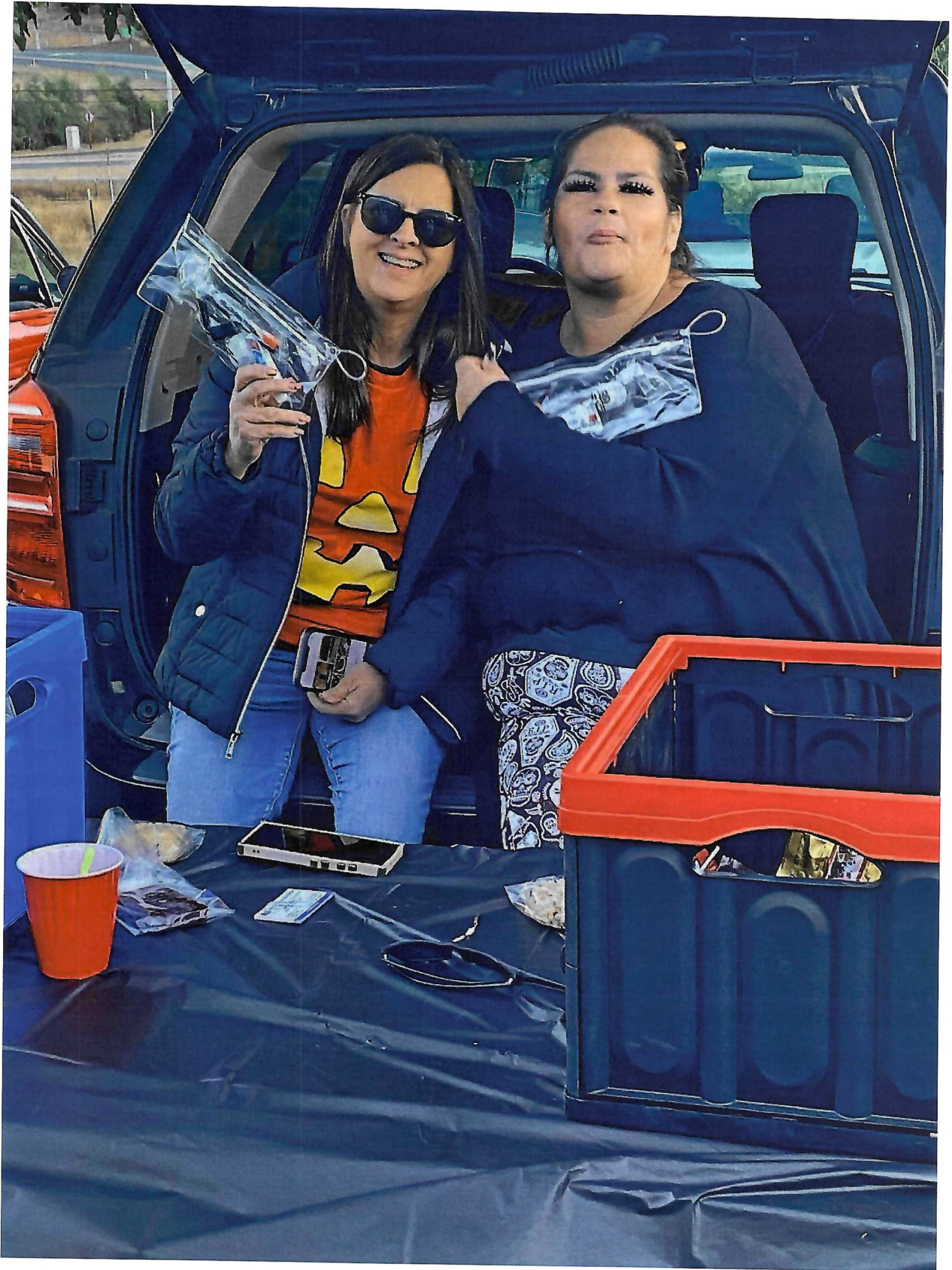
Red Ribbon Week at Burns Valley Elementary



Lower Lake High School Tabling at the Fall Festival



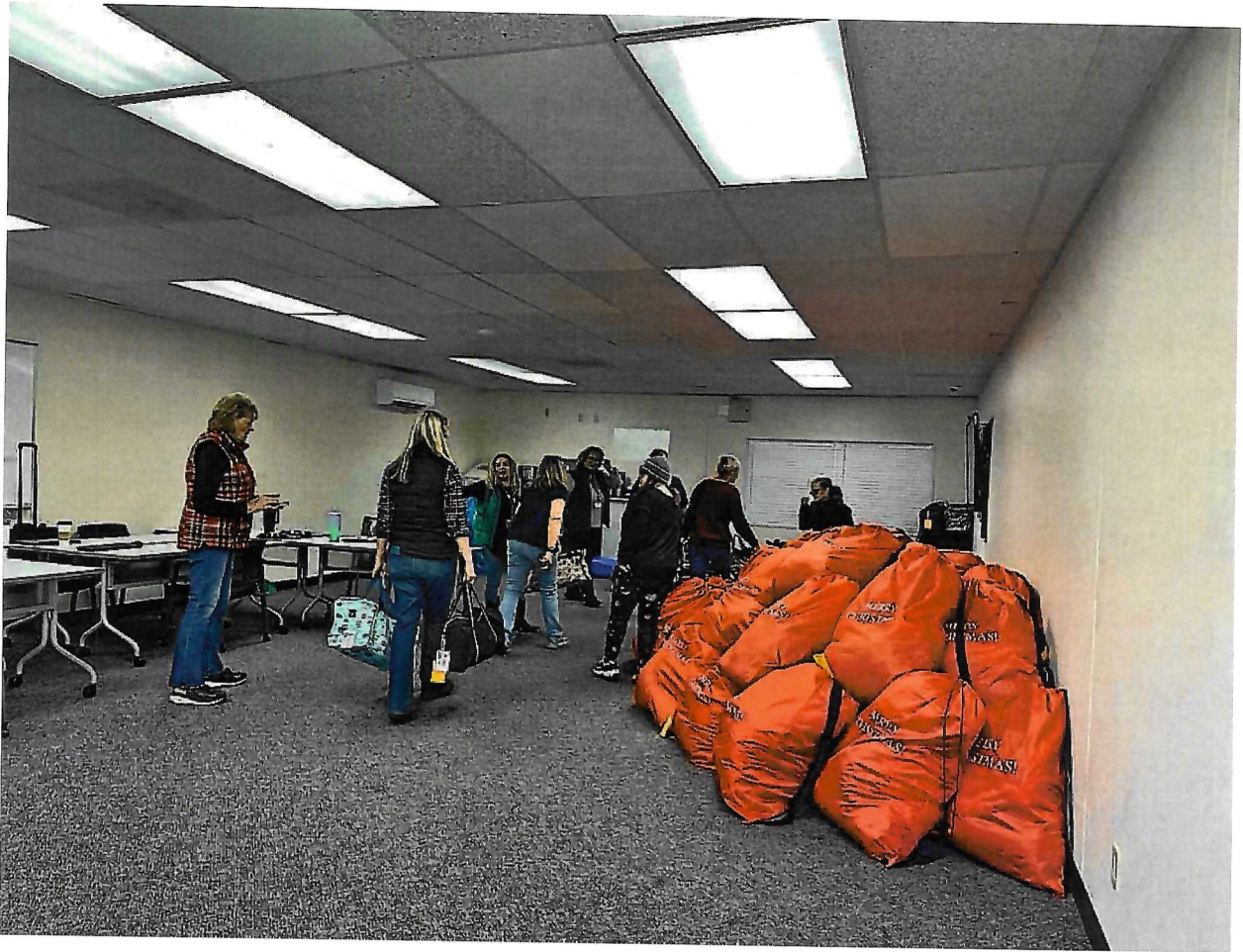
Tabling at Dia de Los Muertos at Austin Park



Trunk or Treat Oral Health Kits



Foster Youth Christmas Luncheon at the Moose Lodge, catering by Foods Etc.



Totes for Teens



Christmas Presents for needy Families donated by Strong Financial

Thank you Redbud Health Care for your continued support

"Alone we can do so little; together we can do so much."

– Helen Keller

Respectfully prepared and submitted by
Ana Santana, Program Director-Healthy Start Youth and Family Services