

**Redbud Health Care District
Regular Meeting Board of Directors
February 26, 2013
9:30 a.m.**

Present: Conrad Colbrandt, Sue Burton, Fred Poucher, Mark Holloway, John Eckhardt

Absent: None

Chairman Conrad Colbrandt convened the meeting at 9:30 a.m.

MOTION, by Sue Burton to approve the minutes from meeting held January 22, 2013.
Seconded by Mark Holloway. Motion carried.

Update from Joan Reynolds of Healthy Start RFA 2013-0001

Healthy Start has a lot of things going on this spring. Joan brought Tammy Alakzay, Dorene Gilmore, Gina Dickson, and Marta Fuller with her to talk about a few new things Healthy Start is doing.

Joan talked about the Student Wellness Center first. They are going to purchase a portable unit and it is going to be on the school site. It will be staffed by St. Helena Wellness Center staff, probably a physician assistant or a nurse practitioner will come to the school and be able to provide services to the students and the school staff. Over time hopefully it will be able to serve the elementary schools. They can bring kids in for screenings and immunizations.

Tammy Alakzay and Dorene Gilmore talked about the new backpack program. The Food Bank applied for a grant through Wal Mart and it was granted to them. It is enough money to support a backpack program. The Redwood Food Bank brings up a pallet of food that is divided into 120 backpacks that then goes out to the schools. They do this every week. They started in February and they are in the midst of their 4th week and it is going great. They have 24 volunteers helping to put the food in the backpacks and get them to the sites. The sites are, Pomo Elementary, Burns Valley and East Lake Schools. Each backpack is filled with about 10 lbs. of food. They are concentrating on the homeless and low income households. Every week they get something different in their backpacks. On an average it is 100-125 households that are receiving the backpacks.

Gina Dickson was here to talk about Challenge Day. Gina stated that at the end of the Challenge Day they want to make sure that all kids that are identified as needing help all get help. For the Burns Valley Challenge Day there were 110 kids attending. They identified 6 kids that needed

immediate help because something serious is going on, 31 kids that had some stuff going on in the past or is not so severe that can use some follow-up in a few weeks. They also identified 5 new student leaders from Burns Valley.

From Pomo Elementary there were about 70 kids that attended. They identified 3 kids that need some immediate follow-up and about 22 that needed follow-up in a few weeks. Gina stated that it is really important that the schools do this program and then Gina told the Board that they appreciate Redbud Health Care District's support on this.

Gina stated that they identify student leaders so that when they go back to school after Challenge Day it is not just a one day event, the school leaders can bring this message back and they can pass the message on to the other students. Gina also brought in posters that the kids made about Challenge Day.

Marta Fuller, who works at County of Lake Public Health, came to talk about oral health. Marta does all the dental screenings in the schools. They have screened 2,658 kids this year. This year their thrust is to work really hard on prevention. They were very fortunate to be included in a HERSA Grant. The HERSA Grant is to put sealants on kids teeth. The sealant is a liquid plastic that is painted on the back teeth, the molar teeth, and a UV light is shined onto that and it's cured to hard and as long as those sealants stay on you can't get a cavity. Their dentist comes with portable equipment and they do this at the schools. Their dentist has been doing this for years and does it for free. If there is a filling you can't seal, if there is decay you can't seal. Each student gets seen by Marta at least one time. They are doing a little prevention in the preschools also. They got a little book and they are combining literacy with oral health. The little book is called, Brush, Brush, Brush and you sing it. They are testing that to see how that works to get parents more involved in their very young children.

Discuss and consider RFA 2013-0027 Middletown High Sober Grad Night

Sandy Tucker and Donna Perry were present to discuss Sober Grad Night. Sandy told the Board that this is a very costly event to put on. They feel it is important to keep the kids safe from drinking and partying after graduation. They give the kids a safe environment to party after graduation. This is the last night for the class to spend together. In the past RHCD has helped with the transportation. The event is at the bowling alley in Lakeport, so they need to get all the kids from Middletown to Lakeport. This is not a school event, it is a parent-student event. The senior class has to support this event. They are involved in the fundraising portion of putting on the Sober Grad Night. The nice thing this year was that they saw a lot of support from the senior class, because they really want it to happen. They pulled together and are doing a lot of fundraising. It is very important to them.

MOTION, by Fred Poucher to approve up to \$5,000.00 for transportation only. Seconded by John Eckhardt. Motion carried.

Discuss and consider amendment to RFA 2013-0005 from Middletown Senior Citizens, Inc.

Jackie Spiker and Lori Tourville were present to discuss this program. They are not asking for money for their congregate meals. This request is to support their Meals on Wheels Program. At the end of February, they have served 7,477 home delivered meals and over 4,200 congregate meals, and these numbers increase each month. They are confident that they can meet the additional costs associated with their congregate meal program, but are asking for RHCD's help with their home-delivered meal program Hardesters Market is now giving the center their day old things instead of throwing them away. Since they have moved into their new building they are experiencing an increase in not only their dining room attendance, but especially their Meals on Wheels. The food cost per meal is \$3.02, the actual cost of preparing the meal is about \$11.00. This creates an unfunded amount of their Meals on Wheels food cost of \$10,567.

MOTION, by John Eckhardt to approve \$10,000 for the Meals on Wheels Program for RFA 2013-0005. Seconded by Mark Holloway. Motion carried.

Wally Holbrook came in to thank the Board for their continued support for the Healthy Start program. He is looking forward to bigger and better things to come.

Discuss and consider RFA 2013-0024 from Lake County Community Health Needs Assessment Collaborative

Held over until March 26, 2013 meeting

Discuss and consider financial statements from the following Grantee's:

- Lake County Literacy Coalition
- Hospice Services of Lake County
- Adult Day Center – Respite of Clearlake
- Community Care HIV/AIDS Program

MOTION, by Sue Burton to approve financial statements, except Hospice, which will be a separate motion. Seconded by Mark Holloway. Motion carried.

SECOND MOTION, by Mark Holloway to allow Hospice to hold over the remaining funds from RFA 2013-0002 and use it for the 2013 Wings of Hope Camp in July. Seconded by Sue Burton. Motion carried.

Discuss and consider Policies and Procedures

Held over until March 26, 2013 meeting

Discuss and consider report on rezoning

Conrad Colbrandt, Mark Holloway and Sue Burton met with Diane Fridley and Maria Valadez of the Registrar of Voters on January 25, 2013. Diane and Maria strongly urged the committee to take the new proposed map on the road to at least three senior centers for public meeting and input prior to adoption. The Committee agreed.

Currently, The Registrar of Voters office is involved in a huge project of verifying approximately 700 new voters and is short staffed due to illness. Diane and Maria expect that their project will take about 1 month and our project will be able to get more of their attention once they complete their Voter Verification Project.

MOTION, by Mark Holloway to approve minutes of January 25, 2012 meeting on rezoning. Seconded by Sue Burton. Motion carried.

Discuss and consider update on office lease

The building is listed for sale. Debra Ganz, who is the Northern California Regional Adventist Health Facilities Manager Coordinator, came in to renew our lease agreement. She looked around and then looked in the spare office and asked what all those files were. She was told that they were the doctor's files from next door. She stated that they would not renew our lease agreement until all the files were removed and we were the only ones using the office. Letters were written to the doctor explaining this. Jim Robello, the owner of the building, had the locks changed on RHCD's office door February 15, 2013.

Discuss and consider Audit Report executed 2012 by Fechter & Company

Held over until March 26, 2013 meeting.

Citizen Input

Betsy Cawn was present to let the Board know that the New Municipal Service Review is coming up. This will be for the Lake County Watershed Protection District. It will be a very extensive review. The Chamber of Commerce is part of the work group that Betsy is chairman of. She is working with the City of Clearlake to help them come up with a water management grant application. No one has ever done a watershed assessment here. The Chamber of Commerce has formed a committee to do their own watershed assessment. The last General Plan was 32 years ago. She came to encourage the Board to participate in this review.

Board Discussion

Conrad told the Board that he would like to call a Special Meeting for anyone we gave money to for food.

Adjourn to closed session to discuss employee annual review

Reconvene and report any action taken in closed session

No action taken

Meeting Adjourned at 12:55 p.m.

Respectfully submitted,

Mark Holloway, Secretary