

**Redbud Health Care District  
Regular Meeting Board of Directors  
April 23, 2013  
9:31 a.m.**

**Present: Conrad Colbrandt, Sue Burton, Fred Poucher, Mark Holloway, John Eckhardt**

**Absent: None**

**Chairman Conrad Colbrandt convened the meeting at 9:31 a.m.**

**MOTION**, by John Eckhardt to approve minutes from meeting held March 26, 2013. Seconded by Mark Holloway. Motion carried.

Mark Holloway left the meeting at 10:30 a.m., he did not vote on anything after the minutes.

**Discuss and consider RFA 2014-0001 from Healthy Start**

Joan Reynolds, Healthy Start Director and Wally Holbrook, Lake County Superintendent of Schools, were present to discuss this RFA. The RFA applications for previous years are similar to this year's but there are some differences. Joan gave a quick update of some of their new programs.

They are continuing the North Coast Opportunities Food Bank partnership. They applied for a grant through FEMA. They did a lot of hygiene backpacks for teens with those funds. That was a new project and has done very well. They did the Challenge Days at the three (3) middle schools. They have the Lower Lake High Wellness Center. The portable was actually delivered this month and that will be a Health Center. Healthy Start is very involved in that project. The St. Helena Medical Center staff will be at the Wellness Center as well as the Healthy Start staff and counseling. They also had a big Children's Festival and Advocacy Walk. They had about 300 people that were in the paper. They have done this for three years in Lakeport. They had people ask them if they could do this in Clearlake so they are considering it. They are also doing a lot of Case Management. They are also doing Health Insurance Outreach. There are seven Healthy Start school sites serving 2,500 kids. They took 200 students to the dentist. 4,800 kids can use the services. They have a new contract with the Probation Dept. to work with teens that are on probation. They are teaching parenting at the jail.

The Project's overarching goal is to continue and enhance Healthy Start's established integrated system of service delivery to meet the health, social/emotional, basic, and educational needs of

Southshore children and families. Healthy Start is a proven conduit used by multiple agencies to serve the target populations.

Healthy Start is a proven source of integrated health care and related services. Its school-based operations create convenient access for providers to a large pool of participants. Its experience and high community credibility will ensure seamless continuity of the program. The requested core funding will allow them to continue their stable services, add service enhancements, and leverage more funding.

**MOTION**, by Fred Poucher to approve \$190,000.00 for the Healthy Start Program. Seconded by John Eckhardt. Sue Burton abstained from voting. Motion carried.

**Discuss and consider RFA 2014-0003 from MUSD for the Farm to School Program**

Sherrie Ebyam, Director of Business Services, and Cindy Leonard, community member, presented the Farm to School Program. An increasing number of schools and districts have begun to source more foods locally and to provide complimentary educational activities to students that emphasize food, farming, and nutrition. This program is often referred to as “farm to school”.

Middletown Unified School District has made a district-wide commitment to integrating healthy foods into their school lunches, and teaching students the value of healthy eating. MUSD recognizes the connections between healthy eating and effective learning and is striving to bring high-quality foods into their schools and encourage responsible consumption through health, recycling, composting, and gardening. This program blends Middletown’s educational and food service programs, enriching both simultaneously.

To bring the garden into the tightly scheduled school day, garden-based curriculum has been developed for most academic subjects, especially in elementary school.

This program will offer opportunities for students to learn about healthy lifestyles regarding: Health, Food and Nutrition, and Gardening.

**MOTION**, by John Eckhardt to reevaluate at a later date. Seconded by Sue Burton. Motion carried.

**Discuss and consider RFA 2014-0002 from Community Care HIV/AIDS**

Rachel Robinson, Program Director and Drop-In-Center Coordinator, was present to discuss the program. CCHAP serves individuals and their families living with HIV/AIDS, and provides

education and prevention for HIV/AIDS in Lake and Mendocino Counties. CCHAP is the only program in Lake County dedicated to serving people with HIV/AIDS.

CCHAP has had a 40% increase in their client caseload in the past three (3) years.

They have a food pantry, support groups, community outreach and harm reduction. They have 90 clients in Lake County that they serve. They do the AIDS walk annually in the City of Clearlake. The money from the walk is used for client services. They are going to start doing HIV testing and counseling. HIV tests in Lake County cost between \$60.00 and \$85.00. CCHAP will be either low cost or free. They can do the test anywhere. It takes about 20 minutes to do the test.

Lake County has a need for a prevention and outreach HIV program, and CCHAP is ready to provide. Not only is CCHAP planning on increasing its community health and prevention program through HIV testing, but they have also had a Chemical Dependency Counselor intern join their agency as a volunteer. He currently is providing substance use and abuse counseling, and recovery maintenance support groups.

**MOTION**, by Fred Poucher to approve \$40,000 to the HIV/AIDS Program. Seconded by John Eckhardt. Motion carried.

**Discuss and consider RFA 2013-0024 from Lake County Health Needs Assessment**

Hold over until June.

**Discuss and consider financial statements from the following Grantee's**

- **Highlands Senior Service Center**
- **Adult Day Care – Respite of Clearlake**

**MOTION**, by Fred Poucher to accept financial statements. Seconded by Sue Burton. Motion carried.

**Discuss and consider 2012 Audit**

**MOTION**, by Fred Poucher to approve the information in the audit. Seconded by John Eckhardt. Motion carried.

**Discuss and consider Policies and Procedures**

**MOTION**, by Fred Poucher to approve Policies and Procedure changes. Seconded by John Eckhardt. Motion carried.

**Discuss and consider Rezoning**

Lon Sharp has not started yet. He needs to wait for software that he ordered. He will let us know when that arrives.

**Citizen Input**

None

**Board Discussion**

Conrad Colbrandt and Fred Poucher met with David Santos of St. Helena Hospital Clearlake. Mr. Santos informed them that they are anticipating the Grand Opening of the Emergency Room by May 16, 2013.

**Meeting Adjourned**

Respectfully submitted,

Mark Holloway, Secretary