

**Redbud Health Care District
Regular Meeting Board of Directors
September 24, 2013
9:30 a.m.**

Present: Conrad Colbrandt, Sue Burton, Fred Poucher, John Eckhardt, Mark Holloway

Absent: None

Chairman Conrad Colbrandt convened the meeting at 9:30 a.m.

MOTION, by Fred Poucher to approve the minutes from regular meeting held August 27, 2013. Seconded by John Eckhardt. Motion carried.

Discuss and consider RFA 2014-0014 from Lake County Fire Chief's Association

Held over until October 22, 2013 meeting.

Update from Joan Reynolds and Wally Holbrook on Healthy Start

Joan Reynolds told the Board what Healthy Start is working on this year. Community School Model is getting State wide recognition. Healthy Start partners with other school sites. Healthy Start has a new HUB in Upper Lake.

Wally Holbrook told the Board that Lake County is perfect for this program (HUB). The Wellness Center was started for Southlake, if the school district can start the HUB in the Northlake then there is going to be two really good examples of how we do things in the rural area. All the places that the School District has gone are in San Francisco, Oakland, San Diego, and Fresno. All these big cities that have all kinds of resources but nobody can figure out how to do it in the rural areas and the School District has got two right here. By the end of this year the School District will have two really examples that will serve as a model. The end result is that it is not just a HUB in Upper Lake or a Wellness Center in Lower Lake, it's a County wide approach to how we get services to children and their families.

All School Districts are seeing a big change in the way the School Districts receive money. The funding has really changed. The School District is struggling with that, trying to understand how that works. School Districts are getting more money but with more money also comes more decision making .

Joan told the Board that all of the Healthy Start staff, at least in Konocti School District and Middletown, are going to be signing people up for the new Affordable Care Act. Healthy Start is trying to get as many families on health insurance as Healthy Start can. The families will get Blue Cross insurance.

Discuss and consider RFA 2014-0021 East Lake School “No Bullying” Program

MOTION, by Fred Poucher to put East Lake School on the Agenda. Seconded by John Eckhardt. Motion carried.

Sue Burton abstained.

Debi Malley, the principal of East Lake School, was present to discuss this program. Debi told the Board that East Lake School serves 215 preschool-grade 8 students. This year, one-third of K-12 students will be involved in bullying. The effects of bullying are serious and can cause long term difficulties in our schools and our communities. East Lake School does not qualify for Challenge Day because East Lake does not have enough students. They must have 100 students to do Challenge Day and East Lake only has 47.

East Lake has adopted the “No Bully” program to help achieve that goal. There are three parts to this program:

1. No Bully Foundational Training (3 hrs., for all staff members)
This initial workshop gives all the adults who work on the school campus a common language around student bullying and harassment, and trains participants in first and second level prevention and intervention skills, enabling a unified approach.
2. Principal Coaching (3 sessions for principal)
Principals are coached how to unite their school behind a new social vision, integrate the No Bully System in to a written anti-bullying policy and the action steps they need to take to support a bully-free culture long-term.
3. Bully-Proof Your Kid The No Bully Parent and Guardian Workshop (90 min. workshop)
Parents learn what bullying looks like for the current generation of students and what they can do to prevent their child from becoming either a target or a bully.

MOTION, by John Eckhardt to approve up to \$6,500.00 for Anti Bullying Program for East Lake School, with the condition that they apply for the County’s Mini Grant and attach a copy of the application with the signed Grant Agreement. Seconded by Fred Poucher. Motion carried.

Discuss and consider RFA 2014-0017 from Lower Lake Elementary Challenge Day

Lower Lake Elementary is a K-8 School with 700+ students. Currently students get bullied at Lower Lake Elementary every day, there are students who prefer to not go to school because they are afraid of what other students will say or do to them. Lower Lake Elementary School would benefit from this preventative measure. It will help instill hope for the students at Lower Lake Elementary by building connection and empathy, and safety where the students feel loved and celebrated instead of isolated and hurt. Challenge Day has proven to provide for students a sense of freedom, opportunity, and self-respect through the intervention that opens up students, motivating them to connect with each other instead of judging each other. The result has been nothing but positive change thus far.

MOTION, by John Eckhardt to approve up to \$5,000.00 for Challenge Day, with the condition that Lower Lake Elementary apply for County’s Mini Grant and attach a copy of the application to the signed Grant Agreement. Seconded by Fred Poucher. Motion carried.

Discuss and consider RFA 2014-0018 from Pomo Elementary Challenge Day

Students at Pomo School face some of the common problems that adolescent students nationwide share – struggles with intolerance, bullying, and other difficulties. Interventions and training for students in acceptance, compassion , and building connections would be invaluable. Pomo’s school site would greatly benefit from participation in the activities of Challenge Day.

MOTION, by John Eckhardt to approve up to \$5,000.00 for Challenge Day, with the condition that Pomo Elementary applies for the County’s Mini Grant and attaches a copy of the application to the signed Grant Agreement. Seconded by Fred Poucher. Motion carried.

Discuss and consider RFA 2014-0019 from MUSD Middle School Challenge Day

Middletown Unified School District decided not to do Challenge Day.

Discuss and consider RFA 2014-0020 from MUSD High School Challenge Day

Middletown Unified School District decided not to do Challenge Day.

Discuss and consider RFA 2014-0010 from Konocti Senior Support

Norma Shepherd, Friendly Visitor Program Director, was present to let the Board know that Friendly Visitors have expanded to Middletown and have more clients now. Norma also said that

it is wonderful to see how enthusiastic their volunteers are about visiting the clients and it is rewarding to see the relationship forged between the volunteers and the clients.

MOTION, by Fred Poucher to approve \$5,000.00 for RFA 2014-0010 Friendly Visitors Program with the condition they apply for MHSA Mini Grant funding from Lake County Behavioral Health Dept. and look for additional funding and/or do fund raisers. Seconded by Mark Holloway. Motion carried.

Discuss and consider RFA 2013-0025 from Redbud Library

Matt Perry sent Conrad Colbrandt an agreement between the County of Lake and the Redbud Health Care District to provide matching funds for the Community Program Grant for the purchase of computer equipment, audiovisual materials, and books at the Redbud Library.

MOTION, by Sue Burton for Conrad to sign and return Agreement to the County of Lake. Seconded by Mark Holloway. Motion carried.

Discuss and consider financials from the following Grantee's

- Adult Day Care – Respite of Clearlake
- Live Oak Seniors, Inc.
- Healthy Start

MOTION, by Sue Burton to accept financials statements. Seconded by Fred Poucher. Motion carried.

Discuss and consider rezoning

Nothing to discuss County is still busy.

Discuss and consider expense form

General consensus of the Board to accept expense form.

Citizen Input

None

Board discussion

Mark Holloway resigned, as secretary of the Board, because he is relocating out of his zone as of 10/1/2013.

Adjournment

Adjourned at 11:51 a.m.

Respectfully submitted,

Board Member