

Redbud Health Care District
Regular Meeting Board of Directors
October 28, 2014
9:30 a.m.

Present: Sue Burton, Fred Poucher, Allen Gott, John Eckhardt, Chris Vallerga

Absent: None

Sue Burton convened meeting at 9:31 a.m.

MOTION, by Allen Gott to approve minutes of regular meeting held September 30, 2014.
Seconded by John Eckhardt. Motion carried 5-0.

Citizen Input: None

Healthy Start 2013-2014 Annual Report Presentation

Joan Reynolds, Director of Healthy Start, Wally Holbrook, Superintendent of Schools, Doreen Gilmore, Susan Jenn, Student Justice and Chloe Karl were all present to talk about Healthy Start. Joan told the RHCD Board that she wanted to thank them again for all that the Board does for Healthy Start. Joan gave the Board the fall 2014 Healthy Start News Letter. Joan reviewed Healthy Start services. Healthy Start serves all students. Last year they served 2,478 students and served 177 pre-school kids. Last year individual services were 19,000 children, this year it is 28,000. The Food Backpack Program is giving 1,000 pounds of food a week. Healthy Start also gives healthy recipes with a bag of food. Healthy Start took 168 children to the dentist last year. They did about 7,000 head checks, did 800 dental screenings. Healthy Start has over 900 children in the homeless program. 430 are from the Konocti School District.

A student named Justice was next to speak. Justice was a second grader when he started at Highlands Academy and he could barely sit in his seat. Justice was constantly AWOL. He was a very angry child and so Healthy Start got him in to see Dr. Diaz. Justice now takes his Meds and has achieved a lot of academic success. He has 100% attendance now.

Chloe Karl, Occupational Therapist, Medical Therapy Unit, told the Board she just can't say enough about the importance about getting kids to qualify for CCS, Neurological Orthopedic Medical Condition (Wheel Chair/Braces). They provide services at Public Health facility. Also pay for children to go to specialists at places like Oakland Children's Hospital, Shriners and to

get to these places Ana Santana from Healthy Start takes them. Without Ana many of these children would not get services because of a lack of a ride.

Susan Jenn was next to speak. Susan has been dedicated to Lake County Health for a long time. There are a lot of programs that meet various aspects of need but Healthy Start really looks at each child and tries to meet the needs of the child. There isn't enough good to say about Healthy Start. Susan wanted to give a thumbs up to everyone who works in Healthy Start. She said they are dedicated in what they do.

Doreen Gilmore wanted to thank the Board for Challenge Day at Pomo School.

Wally Holbrook wanted the RHCD Board to know that everyone appreciates RHCD's contributions to Healthy Start. He also wanted the Board to know that this was Wally's last week as Superintendent of Schools.

Citizen Input: None

Discuss and consider RFA 2015-0012 Clear Lake Environmental Research Center(CLERC)

Carolyn Ruttan, Director of CLERC, was present to discuss this RFA. Carolyn told the RHCD Board that the CLERC has an incredible passion about the Lake and the needs of this Lake. Clear Lake is the oldest Lake in the nation and it could be the oldest Lake in the world. Carolyn told the Board that CLERC needed to form a nonprofit Corporation to get their ideas and thoughts going. CLERC's thoughts and ideas are to turn everybody's perception around about this gorgeous Lake. The fact that there is no science on the shoreline of this Lake is frustrating. Clear Lake used to have scientists here studying the mercury in the Lake. A little bit of time was spent on the algae but not very much. Now there is a situation where Clear Lake is severely challenged and because of that could affect the health of Clear Lake residents. Also affecting the counties health in terms of its economic vitality. Clear Lake is a huge tourist attraction or it could be huge, that economic vitality has been incredibly impacted in recent years and that's because of the cyano bacteria that are blooming in Clear Lake.

MOTION, by Fred Poucher to reimburse the CLERC \$635.00. Seconded by Chris Vallerga. Motion carried 4-0. John Eckhardt abstained.

Citizen Input: Carolina Cardinas thought it would be good for the children of Lake County to be able to go on field trips at school to the Lake. She said growing up in Oakland that her school used to take field trips to the local Lakes.

Discuss and consider RFA 2015-0016 Lower Lake High Sober Grad Night

Phil Harris was present to discuss this RFA. Phil told the Board that Sober Grad Night is a tradition. It will be in a safe and secure location. They will be serving healthy snacks, beverages and security. The students will partake in a variety of events over the course of the evening which are designed to be fun and entertaining. The Sober Grad Night committee is not sure where this will take place yet. Wherever it is held it will be secured and monitored throughout the evening.

MOTION, by Allen Gott to approve \$5,000.00 for Lower Lake High Sober Grad Night. Seconded by Fred Poucher. Motion carried 5-0.

Citizen Input: None

Discuss and consider RFA 2015-0018 Latino Cultural Center

Edgar Ontiveros, Mental Health Specialist, was present to discuss this RFA. Edgar told the Board that the Latino Wellness Center provides basic services to the Latinos in Lake County. Many of the adult Latinos do not speak English so it is necessary to teach the Latino communities English and nutritional classes. Edgar said he is trying to provide Zumba classes. The parents feel these classes should be provided to the children also. During the summer the Latino Cultural Center provided this class to the children and youth. They have 12 children and 10 youth. The teacher that is teaching the Zumba class now wants to be paid for her services. Parents would like to have the class after school for one hour, 5 days a week.

MOTION, by Chris Vallerga to refer this to Clearlake Youth Center and KBL. Seconded by John Eckhardt. Motion carried 5-0.

Citizen Input: None

Discuss and consider financial statements from the following Grantees:

- Middletown Senior Citizens, Inc.
- Shoes for Kids

MOTION, by John Eckhardt to accept financial statements. Seconded by Allen Gott. Motion carried 5-0.

Citizen Input: None

Public Comments

None

Board Discussion

Board went through the Budget to see where we are at
Business cards were approved except Chris doesn't want any
Doreen Gilmore gave the Board thank you cards from children at Pomo School for Challenge Day
Conrad Colbrandt gave the report of the finance committee from St. Helena Hosp. Clearlake
Suicide Prevention possibility of using old Kelseyville clinic
Turnaround plan for Napa Valley
Back to budget St. Helena Hospital Clearlake
Potential changes to St. Helena Clinic
Update of St. Helena Hospital Clearlake

Citizen Input: None

Adjournment

Adjourned at 11:50 a.m.

MOTION, by John Eckhardt to adjourn. Seconded by Allen. Motion carried 5-0

Respectfully submitted,

Board Member